

## Caipirinha

The first time I had this sunny Brazilian drink, it was in the dead of winter vacationing in North Germany! Germans adore its slightly sweet and absolutely refreshing flavor, the perfect remembrance of their summer holidays abroad.

*Serves 2*

### **Ingredients**

4 teaspoons granulated sugar  
2 limes, cut into wedges  
5 ounces cachaça

### **Directions**

Place the limes in a highball glass, and crush with the sugar until the limes give off their juices and the oils from their skins. Fill the glass with ice cubes and top with cachaça. Stir well and serve immediately.

Recipe Copyright © 2003-2007 Jennifer Iserloh. All rights reserved. SkinnyChef is a registered trademark of Iserloh Ventures LLC.

SkinnyChef.com and Skinny Chef Culinary Ventures were founded in 2003 by Jennifer Iserloh. As a private chef, Jennifer developed hundreds of nutrition-packed dishes for everyone from celebrities to gastric bypass patients. How can America stay healthy and fit, while nourishing their passion for food? Find out on SkinnyChef.com, along with brand-new recipes.